



MEL - - CREAM DONUTS

INTERNATIONAL, INC.

76641 Glazed Chocolate Mel-O-Bites



Nutrition Facts

Serving Size 2 Bites (50g)

Amount Per Serving

Calories 210 Calories from Fat 90

% Daily Value*

Total Fat 10g 15%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 210mg 9%

Potassium 85mg 2%

Total Carbohydrate 27g 9%

Dietary Fiber 0g 0%

Sugars 16g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 6%

Vitamin D 0%

* Percent Daily Values are based on a 2,000 calorie diet.

UPC# 04792476641-4


Item Weight: 0.91 oz Pieces per Case: 312

Net Case Weight: 17.75 lbs

Case Dimensions: 17.25 inches long, 12.75 inches wide, 6.875 inches high

Case Cube: 0.875 Cubic Feet

Pallet Ti/Hi: 8 cases per layer, 5 layers high, 40 cases per pallet

Kosher: Yes  D

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTEED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, PALM OIL, COTTONSEED OIL, COCOA (PROCESSED WITH ALKALI), DEXTROSE, SOY FLOUR, BETA-CAROTENE (COLOR), EGG YOLKS, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MONO AND DIGLYCERIDES, SODIUM PROPIONATE (PRESERVATIVE), SALT, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, WHEAT STARCH, WHEY, CARAMEL COLOR, CORN STARCH, SILICON DIOXIDE, ALPHA TOCOPHEROL (VITAMIN E USP, FCC) TO PROTECT FRESHNESS, ARTIFICIAL FLAVOR. GLAZE: SUGAR, WATER, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, CALCIUM CARBONATE, AGAR, CALCIUM SULFATE, TITANIUM DIOXIDE, MONOSODIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM BENZOATE (PRESERVATIVE), TARTARIC ACID, ARTIFICIAL FLAVOR, LOCUST BEAN GUM.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



MEL -  - CREAM DONUTS

INTERNATIONAL, INC.

5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com



76691 Glazed Chocolate Donut Holes



Nutrition Facts	
4.5 servings per container	
Serving size	4 holes (50g)
Amount per serving	
Calories	200
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 180mg	8%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	2%
Total Sugars 20g	
Includes 20g Added Sugars	39%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 90mg	2%
Folate 30mcg DFE (20mcg Folic Acid)	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 Carbohydrate 4 Protein 4	

UPC# 04792476691-9

Item Weight: 0.50 oz Pieces per Case: 540

Net Case Weight: 16.875 lbs

Case Dimensions: 17.25 inches long, 12.75 inches wide, 6.875 inches high

Case Cube: 0.875 Cubic Feet

Pallet Ti/Hi: 8 cases per layer, 5 layers high, 40 cases per pallet

Kosher: Yes  

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTEED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, PALM OIL, COTTONSEED OIL, COCOA (PROCESSED WITH ALKALI), DEXTROSE, SOY FLOUR, BETA-CAROTENE (COLOR), EGG YOLKS, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MONO AND DIGLYCERIDES, SODIUM PROPIONATE (PRESERVATIVE), SALT, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, WHEAT STARCH, WHEY, CARAMEL COLOR, CORN STARCH, SILICON DIOXIDE, ALPHA TOCOPHEROL (VITAMIN E USP, FCC) TO PROTECT FRESHNESS, ARTIFICIAL FLAVOR. **GLAZE:** SUGAR, WATER, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, CALCIUM CARBONATE, AGAR, CALCIUM SULFATE, TITANIUM DIOXIDE, MONOSODIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM BENZOATE (PRESERVATIVE), TARTARIC ACID, ARTIFICIAL FLAVOR, LOCUST BEAN GUM.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



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91211 Chocolate Donut Holes in a Cup



Nutrition Facts	
About 3 servings per container	
Serving size	4 holes (50g)
Amount per serving	
Calories	210
	% Daily Value *
Total Fat 11g	14%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 220mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	3%
Total Sugars 15g	
Includes 15g Added Sugars	29%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.3mg	8%
Potassium 110mg	2%
Folate 40mcg DFE (25mcg Folic Acid)	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

UPC# 04792491211-8

Item Weight: 4.90 oz Pieces per Case: 20

Net Case Weight: 6.13 lbs

Case Dimensions: 19.25 inches long, 15.50 inches wide, 5.875 inches high

Case Cube: 1.02 Cubic Feet

Pallet Ti/Hi: 6 cases per layer, 6 layers high, 36 cases per pallet

Kosher: Yes  

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL (PALM, SOYBEAN, AND COTTONSEED), BHT AND CITRIC ACID TO PRESERVE FLAVOR, WATER, COCOA (PROCESSED WITH ALKALI), DEXTROSE, PREGELATINIZED WHEAT STARCH, SALT, DEFATTED SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MONO AND DIGLYCERIDES, EGG YOLK, EGGS, MILK, PROTIEN CONCENTRATE, SOY FLOUR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, MALTODEXTRIN, CORN STARCH, FUMARIC ACID, GUM ARABIC, MALTED BARLEY, SILICON DIOXIDE, CALCIUM CARBONATE, AGAR, CALCIUM SULFATE, TITANIUM DIOXIDE, MONOSODIUM PHOSPHATE, SODIUM BENZOATE (PRESERVATIVE), TARTARIC ACID, LOCUST BEAN GUM, FD&C YELLOW 5, FD&C YELLOW 6, ARTIFICIAL FLAVOR.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



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91231 Chocolate Donut Holes in a Clamshell



Nutrition Facts	
4.5 servings per container	
Serving size	4 holes (50g)
Amount per serving	
Calories	200
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 180mg	8%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	2%
Total Sugars 20g	
Includes 20g Added Sugars	39%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 90mg	2%
Folate 30mcg DFE (20mcg Folic Acid)	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

UPC# 04792491231-6

Item Weight: 7.90 oz Pieces per Case: 18

Net Case Weight: 8.88 lbs

Case Dimensions: 16.25 inches long, 10.75 inches wide, 9.625 inches high

Case Cube: 0.973 Cubic Feet

Pallet Ti/Hi: 9 cases per layer, 4 layers high, 36 cases per pallet

Kosher: Yes  

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTEED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, PALM OIL, COTTONSEED OIL, COCOA (PROCESSED WITH ALKALI), DEXTROSE, SOY FLOUR, BETA-CAROTENE (COLOR), EGG YOLKS, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MONO AND DIGLYCERIDES, SODIUM PROPIONATE (PRESERVATIVE), SALT, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, WHEAT STARCH, WHEY, CARAMEL COLOR, CORN STARCH, SILICON DIOXIDE, ALPHA TOCOPHEROL (VITAMIN E USP, FCC) TO PROTECT FRESHNESS, ARTIFICIAL FLAVOR. **GLAZE:** SUGAR, WATER, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, CALCIUM CARBONATE, AGAR, CALCIUM SULFATE, TITANIUM DIOXIDE, MONOSODIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM BENZOATE (PRESERVATIVE), TARTARIC ACID, ARTIFICIAL FLAVOR, LOCUST BEAN GUM.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



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96212 Glazed Chocolate Mel-O-Bites in a Clamshell



10 day ambient shelf life

Nutrition Facts	
4 servings per container	
Serving size	3 melobites (78g)
Amount per serving	
Calories	320
% Daily Value *	
Total Fat 13g	17%
Saturated Fat 7g	34%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 280mg	12%
Total Carbohydrate 48g	18%
Dietary Fiber 1g	4%
Total Sugars 30g	
Includes 30g Added Sugars	60%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 1.6mg	8%
Potassium 140mg	2%
Folate 50mcg DFE (30mcg Folic Acid)	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 Carbohydrate 4 Protein 4	

UPC# 04792496212-0

Item Weight: 10.92 oz

Pieces per Case: 18

Net Case Weight: 12.285 lbs

Case Dimensions: 17.25 inches long, 12.75 inches wide, 6.875 inches high

Case Cube: .875 Cubic Feet

Pallet Ti/Hi: 9 cases per layer, 3 layers high, 27 cases per pallet

Kosher: Yes



INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTEED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, PALM OIL, COTTONSEED OIL, COCOA (PROCESSED WITH ALKALI), DEXTROSE, SOY FLOUR, BETA-CAROTENE (COLOR), EGG YOLKS, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MONO AND DIGLYCERIDES, SODIUM PROPIO-NATE (PRESERVATIVE), SALT, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, WHEAT STARCH, WHEY, CARAMEL COLOR, CORN STARCH, SILICON DIOXIDE, ALPHA TOCOPHEROL (VITAMIN E USP, FCC) TO PROTECT FRESHNESS, ARTIFICIAL FLAVOR. **GLAZE:** SUGAR, WATER, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, CALCIUM CARBONATE, AGAR, CALCIUM SULFATE, TITANIUM DIOXIDE, MONOSODIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM BENZOATE (PRESERVATIVE), TARTARIC ACID, ARTIFICIAL FLAVOR, LOCUST BEAN GUM.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

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- Egg Yolk (egg)



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