



**MEL - CREAM DONUTS**  
INTERNATIONAL, INC.

# 01703 Grand Long Johns



<b>Nutrition Facts</b>	
Serving per container	
<b>Serving size</b>	2 1/2 oz (71g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 340mg	15%
<b>Total Carbohydrate</b> 31g	11%
Dietary Fiber <1g	3%
Total Sugars 3g	
Includes 0g Added Sugars	0%
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.9mg	10%
Potassium 80mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

UPC# 04792401703-5

Item Weight: 2.50 oz Pieces per Case: 144

Net Case Weight: 22.50 lbs

Case Dimensions: 17.25 inches long, 12.75 inches wide, 6.875 inches high

Gross Weight: 24.00 lbs.

Pallet Ti/Hi: 8 cases per layer, 5 layers high, 40 cases per pallet

Case Cube: .875 Cubic Feet

Shelf Life: 90 days from date of manufacture

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONOHYDRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, SOYBEAN OIL, PALM OIL, SALT, DEFATTED SOY FLOUR, WHEY, MONO AND DIGLYCERIDES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), YELLOW CORN FLOUR, NONFAT MILK, SODIUM STEAROYL LACTYLATE, EXTRACT OF CORN AND MALTED BARLEY, DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, ASCORBIC ACID.

**Contains: Wheat, Milk, Soy, and Egg ingredients.**

**This product contains the following "Big Eight" allergen ingredients:**

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



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