



33220 Jumbo Shells Unfilled



Nutrition Facts	
96 servings per container	
Serving size	2 1/4 oz (64g)
Amount per serving	
Calories	230
% Daily Value *	
Total Fat 12g	15%
Saturated Fat 2.5g	11%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 290mg	13%
Total Carbohydrate 26g	10%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 3g Added Sugars	5%
Protein 5g	
Vitamin D 0.2mcg	0%
Calcium 20mg	2%
Iron 1.6mg	10%
Potassium 70mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

UPC# 04792433220-6

Item Weight: 2.25 oz Pieces per Case: 96

Net Case Weight: 13.50 lbs

Case Dimensions: 19.75 inches long, 15.50 inches wide, 9.50 inches high

Case Cube: 1.68 Cubic Feet

Pallet Ti/Hi: 6 cases per layer, 4 layers high, 24 cases per pallet

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL (PALM, SOYBEAN, AND COTTONSEED), YEAST, SALT, WHEY, DEFATTED SOY FLOUR, MONO AND DIGLYCERIDES, EXTRACT OF CORN FLOUR AND MALTED BARLEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, YELLOW CORN FLOUR, SODIUM STEAROYL LACTYLATE, DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, BHT AND CITRIC ACID TO HELP PRESERVE FLAVOR, NATURAL AND ARTIFICIAL FLAVOR, ANNATTO AND TURMERIC EXTRACT COLOR.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com



33201 Raspberry Filled Shells



Nutrition Facts	
1 serving per container	
Serving size	3 oz (85g)
Amount per serving	
Calories	260
	% Daily Value *
Total Fat 11g	14%
Saturated Fat 4.5g	24%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 36g	13%
Dietary Fiber <1g	3%
Total Sugars 13g	
Includes 12g Added Sugars	24%
Protein 4g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 1.5mg	8%
Potassium 70mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

UPC# 04792433201-5

Item Weight: 3.00 oz Pieces per Case: 96

Net Case Weight: 18.00 lbs

Case Dimensions: 19.75 inches long, 15.50 inches wide, 9.50 inches high

Case Cube: 1.68 Cubic Feet

Pallet Ti/Hi: 6 cases per layer, 4 layers high, 24 cases per pallet

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL (PALM, SOYBEAN, AND COTTONSEED), YEAST, SALT, HIGH FRUCTOSE CORN SYRUP, WHEY, CORN SYRUP, DEFATTED SOY FLOUR, FOOD STARCH MODIFIED, RED RASPBERRIES, MONO AND DIGLYCERIDES, EXTRACT OF CORN FLOUR AND MALTED BARLEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, YELLOW CORN FLOUR, SODIUM STEAROYL LACTYLATE, CITRIC ACID, SODIUM BENZOATE, AND POTASium SORBATE (AS PRESERVATIVES), DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, SODIUM CITRATE, MALIC ACID, NATURAL FLAVOR, BHT, CITRIC ACID (PRESERVATIVE), ARTIFICIAL FLAVOR, GUAR GUM, LOCUST BEAN GUM, PROPYLENE GLYCOL, ANNATTO AND TURMERIC EXTRACT COLOR, FD&C RED 40 AND BLUE 1, SODIUM SULFATE.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com



MEL -  - CREAM DONUTS
INTERNATIONAL, INC.

33221 Jumbo Raspberry Filled Shells



Nutrition Facts

Serving Size 3 1/4 oz (92g)
Servings Per Container 96

Amount Per Serving

Calories 290 **Calories from Fat** 110
Calories from Saturated Fat 50

% Daily Value*

Total Fat 12g	19%
Saturated Fat 5g	27%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 3g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 40g	13%
Dietary Fiber 0g	0%
Sugars 14g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 4%
Vitamin D 0%	• Riboflavin 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

UPC# 04792433221-3

Item Weight: 3.25 oz Pieces per Case: 96

Net Case Weight: 19.50 lbs

Case Dimensions: 19.75 inches long, 15.50 inches wide, 9.50 inches high

Case Cube: 1.68 Cubic Feet

Pallet Ti/Hi: 6 cases per layer, 4 layers high, 24 cases per pallet

Kosher: Yes 



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL (PALM, SOYBEAN, AND COTTONSEED), YEAST, SALT, HIGH FRUCTOSE CORN SYRUP, WHEY, CORN SYRUP, DEFATTED SOY FLOUR, FOOD STARCH MODIFIED, RED RASPBERRIES, MONO AND DIGLYCERIDES, EXTRACT OF CORN FLOUR AND MALTED BARLEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, YELLOW CORN FLOUR, SODIUM STEAROYL LACTYLATE, CITRIC ACID, SODIUM BENZOATE, AND POTASIUUM SORBATE (AS PRESERVATIVES), DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, SODIUM CITRATE, MALIC ACID, NATURAL FLAVOR, BHT, CITRIC ACID (PRESERVATIVE), ARTIFICIAL FLAVOR, GUAR GUM, LOCUST BEAN GUM, PROPYLENE GLYCOL, ANNATTO AND TURMERIC EXTRACT COLOR, FD&C RED 40 AND BLUE 1, SODIUM SULFATE.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



MEL -  - CREAM DONUTS
INTERNATIONAL, INC.

5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com



MEL - CREAM DONUTS

INTERNATIONAL, INC.

33202 Shells Bavarian Filled



Nutrition Facts

Serving Size 3 oz (85g)

Amount Per Serving

Calories 260 **Calories from Fat** 100
Calories from Saturated Fat 45

% Daily Value*

Total Fat 11g	17 %
Saturated Fat 5g	25 %
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0 %
Sodium 300mg	12 %
Total Carbohydrate 36g	12 %
Dietary Fiber 0g	0 %
Sugars 12g	

Protein 4g

Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
Vitamin D 0%	Riboflavin 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

UPC# 04792433202-2

Item Weight: 3.00 oz Pieces per Case: 96

Net Case Weight: 18.00 lbs

Case Dimensions: 19.75 inches long, 15.50 inches wide, 9.50 inches high

Case Cube: 1.68 Cubic Feet

Pallet Ti/Hi: 6 cases per layer, 4 layers high, 24 cases per pallet

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SVEGETABLE OIL (PALM, SOYBEAN, AND COTTONSEED), YEAST, HIGH FRUCTOSE CORN SYRUP, SALT, CORN SYRUP, WHEY, FOOD STARCH MODIFIED, DEFATTED SOY FLOUR, MONO AND DIGLYCERIDES, EXTRACT OF CORN FLOUR AND MALTED BARLEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND OR COTTONSEED OIL), YELLOW CORN FLOUR, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), TITANIUM DIOXIDE (AS COLOR), SODIUM STEAROYL LACTYLATE, DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, MONO AND DIGLYCERIDES WITH BHT AS PRESERVATIVE, PHOSPHORIC ACID, AGAR, PROPYLENE GLYCOL, GLYCERINE, NATURAL FLAVOR, BHT, CITRIC ACID (PRESERVATIVE), ARTIFICIAL FLAVOR, ANNATTO AND TURMERIC EXTRACT COLOR, FD&C YELLOW 5 AND 6.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



MEL - CREAM DONUTS

INTERNATIONAL, INC.

5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com



33222 Jumbo Bavarian Filled Shells



Nutrition Facts	
96 servings per container	
Serving size	3 1/4 oz (92g)
Amount per serving	
Calories	250
% Daily Value *	
Total Fat 12g	15%
Saturated Fat 2.5g	11%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 310mg	14%
Total Carbohydrate 33g	12%
Dietary Fiber 1g	4%
Total Sugars 10g	
Includes 9g Added Sugars	18%
Protein 4g	
Vitamin D 0.2mcg	0%
Calcium 20mg	2%
Iron 1.5mg	8%
Potassium 70mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

UPC# 04792433222-0

Item Weight: 3.25 oz Pieces per Case: 96

Net Case Weight: 19.50 lbs

Case Dimensions: 19.75 inches long, 15.50 inches wide, 9.50 inches high

Case Cube: 1.68 Cubic Feet

Pallet Ti/Hi: 6 cases per layer, 4 layers high, 24 cases per pallet

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL (PALM, SOYBEAN, AND COTTONSEED), YEAST, HIGH FRUCTOSE CORN SYRUP, SALT, CORN SYRUP, WHEY, FOOD STARCH MODIFIED, DEFATTED SOY FLOUR, MONO AND DIGLYCERIDES, EXTRACT OF CORN FLOUR AND MALTED BARLEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, YELLOW CORN FLOUR, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), TITANIUM DIOXIDE (AS COLOR), SODIUM STEAROYL LACTYLATE, DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, MONO AND DIGLYCERIDES WITH BHT AS PRESERVATIVE, PHOSPHORIC ACID, AGAR, PROPYLENE GLYCOL, GLYCERINE, NATURAL FLAVOR, BHT, CITRIC ACID (PRESERVATIVE), ARTIFICIAL FLAVOR, ANNATTO AND TURMERIC EXTRACT COLOR, FD&C YELLOW 5 AND 6.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com