



MEL -  - CREAM DONUTS
INTERNATIONAL, INC.

01034 Apple Fritters



Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 3 oz (85g)		Calories	2,000 2,500
Amount Per Serving			
Calories 200	Calories from Fat 40		
Calories from Saturated Fat 10			
% Daily Value*			
Total Fat 4.5g		Less than 65g	80g
Saturated Fat 1.5g		Less than 20g	25g
Trans Fat 0g		Less than 300mg	300mg
Polyunsaturated Fat 0g		Less than 2,400mg	2,400mg
Monounsaturated Fat 0g		300g	375g
Cholesterol 0mg		25g	30g
Sodium 430mg			
Total Carbohydrate 35g			
Dietary Fiber 2g			
Sugars 6g			
Protein 6g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 8%		
Vitamin D 0%	Riboflavin 8%		

UPC# 04792401034-0

Item Weight: 3.00 oz Pieces per Case: 108

Net Case Weight: 20.25 lbs

Case Dimensions: 17.25 inches long, 12.75 inches wide, 6.875 inches high

Case Cube: .875 Cubic Feet

Pallet Ti/Hi: 8 cases per layer, 5 layers high, 40 cases per pallet

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONOHYDRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, SOYBEAN OIL, PALM OIL, CORN SYRUP, CINNAMON, SALT, APPLES WITH SULFUR DIOXIDE AS PRESERVATIVE, DEFATTED SOY FLOUR, WHEY, COTTONSEED OIL WITH SOY LECITHIN, MONO AND DIGLYCERIDES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, SODIUM STEAROYL LACTYLATE, EXTRACT OF CORN AND MALTED BARLEY, DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, CARMEL COLOR, ASCORBIC ACID.

Contains: Wheat, Milk, Soy, and Egg ingredients.

This product contains the following "Big Eight" allergen ingredients:

- Wheat (gluten)
- Soy Flour (soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)



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5400 International Parkway
Springfield, IL 62711-7086

(800) 500-5414
www.mel-o-cream.com



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01134 Apple Fritters



Nutrition Facts	
Serving Size 3 oz (85g)	
Amount Per Serving	
Calories 200	Calories from Fat 35
Calories from Saturated Fat 10	
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	18%
Total Carbohydrate 35g	12%
Dietary Fiber 1g	5%
Sugars 6g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
Vitamin D 0%	Riboflavin 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g

UPC# 04792401134-7

Item Weight: 3.00 oz Pieces per Case: 108

Net Case Weight: 20.25 lbs

Case Dimensions: 17.25 inches long, 12.75 inches wide, 6.875 inches high

Gross Case Weight: 21.75 lbs.

Pallet Ti/Hi: 8 cases per layer, 5 layers high, 40 cases per pallet

Case Cube: .875 Cubic Feet

Shelf Life: 90 days from date of manufacture

Kosher: Yes



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONOHYDRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, SOYBEAN OIL, PALM OIL, CORN SYRUP, CINNAMON, SALT, CORN CEREAL, APPLES WITH SULFUR DIOXIDE AS PRESERVATIVE, DEFATTED SOY FLOUR, WHEY, COTTONSEED OIL WITH SOY LECITHIN, MONO AND DIGLYCERIDES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NONFAT MILK, SODIUM STEAROYL LACTYLATE, MALTED BARLEY, DATEM, EGG YOLK WITH SODIUM SILICOALUMINATE, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, CARMEL COLOR, ASCORBIC ACID.

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