



**Nutritional Matrix for Pre Fried Donuts**

Item#	Description	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	% Daily Value	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Carbs (g)	% Daily Value	Dietary Fiber (g)	% Daily Value	Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %	Thiamin %	Riboflavin %	Niacin %	Folate %
23000	TF Ring Donuts (Hex Cut)	57	210	90	11	16	5	0	0	0	250	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6
23070	TF Yeast Donut Clusters	57	210	90	11	16	5	0	0	0	260	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6
23072	TF Cherry Flav Yeast Donut Clusters	57	220	90	11	16	5	0	0	0	240	10	26	9	0	0	7	4	0	0	2	2	8	2	4	6
23076	TF Blueberry Flav Yeast Donut Clusters	57	220	90	11	16	5	0	0	0	240	10	26	9	0	0	7	4	0	0	2	2	8	2	4	6
23161	TF Mini Long Johns (Red Rasp Filled)	50	160	60	7	11	3.5	0	0	0	180	7	22	7	0	0	7	3	0	0	2	2	4	2	2	4
23163	TF Mini Long Johns (Mel-O-Cream Filled)	50	190	90	10	15	4	1	0	0	180	8	23	8	0	0	9	3	0	0	2	2	4	2	2	4
23250	TF Pershing (Cinnamon) Rolls	64	240	110	12	19	6	0	0	0	290	12	27	9	1	3	3	4	0	0	2	4	8	2	4	6
23251	TF Jumbo Pershing (Cinnamon) Rolls	71	260	120	13	21	7	0	0	0	320	13	30	10	1	3	3	5	0	0	2	4	10	2	6	8
23280	TF Honeybuns	71	260	120	13	21	7	0	0	0	310	13	30	10	1	3	4	5	0	0	2	4	10	2	4	8
23500	TF Jumbo Football Shaped Shells	57	210	90	11	16	5	0	0	0	250	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6
23510	TF Star Shaped Shells	48	180	80	9	14	4.5	0	0	0	220	9	21	7	0	0	3	3	0	0	2	2	6	2	4	6
23520	TF Christmas Tree Shaped Shells	57	210	90	11	16	5	0	0	0	260	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6
26800	TF Plain Cake Donut Holes	55	260	140	15	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26801	TS Powdered Sugar Donut Holes	55	250	120	14	21	7	0	10	4	300	13	31	10	1	3	14	3	0	0	2	6	10	6	6	8
26802	TS Cinnamon Powdered Sugared Donut Holes	55	250	120	14	21	7	0	10	4	300	13	31	10	1	3	14	3	0	0	2	6	10	6	6	8
26805	TF Original Vanilla Cake Holes	55	260	140	15	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26810	TF Apple-n-Spice Cake Donut Holes	55	260	140	15	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26815	Spiced Apple Cake Donut Holes	55	260	140	15	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26820	TF Strawberry Yogurt Flav Ck Donut Holes	55	270	140	16	24	8	0	15	5	340	14	28	9	1	3	11	3	0	0	2	8	10	6	6	8
26840	TF Chocolate Flavored Cake Donut Holes	55	270	140	15	24	8	0	15	4	320	13	28	9	1	3	12	3	0	0	2	10	10	6	8	8
26845	TF Chocolate Fudge Brownie Flav Cake Donut Holes	55	270	140	15	24	8	0	15	4	320	13	28	9	1	3	12	3	0	0	2	10	10	6	8	8
26850	TF Blueberry Flavored Donut Holes	55	260	140	15	24	8	0	15	5	350	14	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26855	TF Wild Blueberry Explosion Cake Donut Holes	55	260	140	15	24	8	0	15	5	350	14	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26860	TF Cherry Flavored Cake Donut Holes	54	260	130	15	23	7	0	15	5	380	16	27	9	1	3	9	3	0	0	2	8	10	6	6	8
26865	TF Oh So Cherrylicious Cake Donut Holes	54	260	130	15	23	7	0	15	5	380	16	27	9	1	3	9	3	0	0	2	8	10	6	6	8
26870	TF Orange Flavored Cake Donut Holes	55	260	140	15	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26875	TF Sun-Kissed Orange Flavored Cake Donut Holes	55	260	140	15	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	6	6	8
26880	TF Pumpkin Flavored Cake Donut Holes	55	260	130	15	23	8	0	15	4	330	14	27	9	1	5	10	3	4	4	2	8	10	6	6	8
26885	TF Pumpkin Pie Flavored Cake Donut Holes	55	260	130	15	23	8	0	15	4	330	14	27	9	1	5	10	3	4	4	2	8	10	6	6	8
29040	TF Orange Flavored Cake Donuts	57	270	140	16	24	8	0	15	5	360	15	29	10	1	3	10	3	0	0	2	8	10	8	6	10
29200	TF Lemon Flavored Cake Donuts	57	270	140	16	24	8	0	15	5	360	15	28	9	1	3	10	3	4	2	2	8	10	6	6	10
29210	TF Cherry Flavored Cake Donuts	57	270	140	15	24	8	0	15	5	350	15	29	10	1	3	11	3	0	0	2	8	10	6	6	8
29230	TF Raspberry Flavored Cake Donuts	57	270	140	16	24	8	0	15	5	350	15	28	9	1	3	10	3	0	0	2	8	10	8	6	8
29260	TF Peach Flavored Cake Donuts	57	270	140	16	24	8	0	15	5	350	14	30	10	1	3	12	3	0	0	2	8	10	6	6	8
29262	TF Gingerbread Cake Donuts	57	270	140	16	24	8	0	15	5	360	15	29	10	1	4	10	3	0	0	4	10	10	8	6	10
29263	TF Snickerdoodle Cake Donuts	57	270	140	16	24	8	0	15	5	360	15	29	10	1	4	11	3	0	0	2	8	10	8	6	10

These products contain the following "Big Eight" allergen ingredients: Wheat(Gluten), Soy Flour(Soy), Nonfat Dry Milk(Milk), Whey(Milk), and Egg Yolk(Egg)

These products are manufactured in a facility which also handles: Wheat, Milk, Egg, Soy, Other Glutens, Sulfites, Dextrose, Cocoa, FD&C Yellow #5 and Corn



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Item#	Description	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	% Daily Value	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Carbs (g)	% Daily Value	Dietary Fiber (g)	% Daily Value	Sugars (g)	Protein (g)	Vitamin A %	Vitamin C %	Calcium %	Iron %	Thiamin %	Riboflavin %	Niacin %	Folate %
29280	TF Apple Spice Cake Donuts	57	270	140	16	24	8	0	15	5	350	15	29	10	1	3	11	3	0	0	2	8	10	8	6	8
29290	TF Pumpkin Flavored Cake Donuts	57	270	140	16	24	8	0	15	5	340	14	28	9	1	5	10	3	4	4	2	8	10	6	6	10
29300	TF Strawberry Yogurt Cake Donuts	57	270	140	16	25	8	0	15	5	350	15	29	10	1	3	11	3	0	0	2	8	10	6	6	8
29305	TF Strawberry Yog Smoothie Ck Donut Holes	55	270	140	16	24	8	0	15	5	340	14	28	9	1	3	11	3	0	0	2	8	10	6	6	8
29310	TF Butter Pecan Flavored Cake Donuts	57	280	150	17	27	8	0	15	5	350	15	28	9	1	3	10	4	0	0	2	8	10	6	6	8
29320	TF Key Lime Flavored Cake Donuts	57	280	140	16	24	8	0	15	5	360	15	29	10	1	3	11	3	0	0	2	8	10	8	6	10
29460	TF Paczki Shell (Unfilled)	64	230	110	12	19	6	0	0	0	290	12	26	9	0	0	3	5	0	0	2	4	8	2	4	8
29500	TF Fastnachts	64	230	110	12	19	5	0	0	0	290	12	26	9	0	0	3	5	0	0	2	4	8	2	4	8
29501	TF Raisin Fastnachts	64	230	100	11	17	5	0	0	0	270	11	28	9	1	3	6	5	0	0	2	4	8	2	4	6
29800	TF Lemon Flav Cake Donut Holes	56	270	140	16	24	8	0	15	5	350	15	28	9	1	3	10	3	4	2	2	8	10	6	6	8
29805	TF Lemon Drop Flavored Ck Donut Holes	56	270	140	16	24	8	0	15	5	350	15	28	9	1	3	10	3	4	2	2	8	10	6	6	8
29810	TF Peach Flavored Cake Donut Holes	55	260	140	15	24	8	0	15	5	340	14	29	10	1	3	12	3	0	0	2	8	10	6	6	8
29815	TF Juicy Sweet GA Peach Flav Donut Holes	55	260	140	15	24	8	0	15	5	340	14	29	10	1	3	12	3	0	0	2	8	10	6	6	8
29830	TF Raspberry Flav Cake Donut Holes	55	260	130	15	23	7	0	15	5	340	14	27	9	1	3	10	3	0	0	2	8	10	6	6	8
29835	TF Red Rasp Blast Flav Cake Donut Holes	55	260	130	15	23	7	0	15	5	340	14	27	9	1	3	10	3	0	0	2	8	10	6	6	8
29850	TF Butter Pecan Flav Cake Donut Holes	55	270	150	17	26	8	0	15	5	340	14	27	9	1	3	10	3	0	0	2	8	10	6	6	8
29855	TF Sweet Butter Pecan Flav Ck Donut Holes	55	270	150	17	26	8	0	15	5	340	14	27	9	1	3	10	3	0	0	2	8	10	6	6	8
29862	TF Gingerbread Flav Cake Donut Holes	54	260	130	15	23	7	0	15	5	340	14	28	9	1	4	10	3	0	0	4	10	10	6	6	8
29863	TF Snickerdoodle Flav Cake Donut Holes	54	260	130	15	23	7	0	15	5	340	14	28	9	1	4	10	3	0	0	2	8	10	6	6	8
29865	TF Snickerdoodle Snap Flav Ck Donut Holes	54	260	130	15	23	7	0	15	5	340	14	28	9	1	4	10	3	0	0	2	8	10	6	6	8
29866	TF Gingerbread Man Flav Ck Donut Holes	54	260	130	15	23	7	0	15	5	340	14	28	9	1	4	10	3	0	0	4	10	10	6	6	8
29880	TF Key Lime Flavored Cake Donut Holes	55	270	140	15	24	8	0	15	5	350	15	29	10	1	3	11	3	0	0	2	8	10	6	6	8
29885	TF Key Lime Pie Flav Cake Donut Holes	55	270	140	15	24	8	0	15	5	350	15	29	10	1	3	11	3	0	0	2	8	10	6	6	8
33000	TF Ring Donuts	57	210	100	11	17	5	0	0	0	260	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6
33010	TF Jumbo Ring Donuts	64	240	110	12	19	6	0	0	0	290	12	27	9	0	0	3	5	0	0	2	4	8	2	4	6
33030	TF Chocolate Flavored Ring Donuts	57	210	90	11	16	5	0	0	0	240	10	23	8	0	0	3	4	0	0	0	6	8	2	6	6
33080	TF Donut Squares	57	210	90	11	17	5	0	0	0	260	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6
33083	TF Donut Square (Mel-O-Cream Filled)	85	330	150	17	26	7	2	0	0	300	12	39	13	0	0	17	4	0	0	2	2	8	2	4	6
33088	TF Donut Squares (Raspberry Mel-O-Cream Filled)	85	330	150	17	26	7	2	0	0	300	12	39	13	0	0	17	4	0	0	2	2	8	2	4	6
33089	TF Donut Squares (Chocolate Mel-O-Cream Filled)	85	330	150	17	26	7	2	0	0	300	13	39	13	0	0	17	4	0	0	2	6	8	2	6	6
33130	TF Chocolate Flavored Long Johns	64	240	110	12	18	6	0	0	0	270	11	26	9	0	0	4	5	0	0	2	6	8	2	6	8
33170	TF Jumbo Long Johns (Unfilled)	71	260	120	13	21	7	0	0	0	320	13	30	10	1	2	3	5	0	0	2	4	10	2	4	8
33172	TF Jumbo Long Johns (Bavarian Filled)	99	300	130	14	22	7	0	0	0	360	15	38	13	1	2	10	5	0	0	2	4	10	2	4	8
33173	TF Jumbo Long Johns (Mel-O-Cream Filled)	92	350	160	18	27	7	0	0	0	350	15	42	14	0	0	15	5	0	0	2	4	10	2	4	8
33180	TF Imperial Long Johns (Unfilled)	85	310	140	16	25	8	0	0	0	390	16	36	12	1	2	4	6	0	0	2	4	10	2	6	8
33200	TF Shells (Unfilled)	57	210	90	11	16	5	0	0	0	260	11	24	8	0	0	3	4	0	0	2	2	8	2	4	6

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33201	TF Shells (Red Raspberry Filled)	85	260	100	11	17	5	0	0	0	290	12	37	12	0	0	13	4	0	0	2	2	8	2	4	6
33202	TF Shells (Bavarian Filled)	85	250	100	12	18	5	0	0	0	300	12	32	11	0	0	9	4	0	0	2	2	8	2	4	6
33205	TF Shells (Lemon Filled)	85	250	100	11	17	5	0	0	0	300	13	32	11	0	0	9	4	0	2	2	2	8	2	4	6
33220	TF Jumbo Shells (Unfilled)	64	230	110	12	19	6	0	0	0	290	12	27	9	0	0	3	4	0	0	2	4	8	2	4	6
33221	TF Jumbo Shells (Red Raspberry Filled)	92	290	110	12	18	6	0	0	0	320	13	40	13	0	0	13	5	0	0	2	4	8	2	4	6
33222	TF Jumbo Shells (Bavarian Filled)	92	270	110	13	19	6	0	0	0	330	14	35	12	0	0	9	5	0	0	2	4	8	2	4	6
33230	TF Chocolate Flavored Shells	57	210	90	11	16	5	0	0	0	240	10	23	8	0	0	3	4	0	0	0	6	8	2	6	6
33400	TF Apple Fritters	71	270	120	13	21	7	0	0	0	310	13	32	11	1	4	6	5	0	0	2	6	10	2	4	8
33401	TF Jumbo Apple Fritters	85	320	140	16	25	8	0	0	0	370	16	39	13	1	5	7	6	0	0	2	6	10	2	6	8
33420	TF Cherry Flavored Fritters	71	270	120	14	21	7	0	0	0	310	13	33	11	0	0	8	5	0	0	0	4	8	2	4	6
33430	TF Maple Pecan Flavored Fritters	71	280	140	16	25	7	0	0	0	300	13	29	10	1	2	4	5	0	0	2	4	8	2	4	6
33460	TF Blueberry Flavored Fritters	71	270	120	14	21	7	0	0	0	320	13	32	11	0	0	7	5	0	0	0	4	8	2	4	6
33600	TF Danish	64	270	150	17	26	7	1.5	0	0	280	12	26	9	0	0	3	4	0	0	0	4	8	2	4	6
33630	TF Cinnamon Ties	57	210	100	11	17	5	0	0	0	260	11	25	8	1	4	3	4	0	0	2	4	8	2	4	6
36900	TF French Cruellers	67	190	130	14	22	6	1	50	16	210	9	13	4	0	0	0	3	0	0	2	2	0	4	0	2
79461	TF Paczki Shells (Red Raspberry Filled)	106	320	110	12	19	6	0	0	0	340	14	46	15	1	2	18	5	0	0	2	4	0	0	0	0
79462	TF Paczki Shells (Bavarian Filled)	106	300	120	13	20	6	0	0	0	350	15	40	13	1	2	12	5	0	0	2	4	0	0	0	0
79464	TF Paczki Shells (Apple Filled)	106	310	110	12	19	6	0	0	0	340	14	44	15	1	3	13	5	0	0	2	4	0	0	0	0
79465	TF Paczki Shells (Lemon Filled)	106	320	110	12	19	6	0	0	0	340	14	46	15	1	2	18	5	0	0	2	4	0	0	0	0
79466	TF Paczki Shells (Blueberry Filled)	106	300	110	12	19	6	0	0	0	320	13	42	14	1	3	14	5	0	0	2	4	0	0	0	0
79468	TF Paczki Shells (Prune Filled)	106	300	110	12	19	6	0	0	0	320	13	41	14	1	5	9	5	0	0	2	6	0	0	0	0
79469	TF Paczki Shells (Apricot Filled)	106	310	110	12	19	6	0	0	0	340	14	45	15	1	3	17	5	0	2	2	6	0	0	0	0
83150	TF Long Johns (Unfilled)	64	230	110	12	19	6	0	0	0	290	12	27	9	0	0	3	4	0	0	2	4	8	2	4	6
83152	TF Long Johns (Bavarian Filled)	92	270	110	12	19	6	0	0	0	320	14	35	12	0	0	10	4	0	0	2	4	8	2	4	6
83153	TF Long Johns (Mel-O-Cream Filled)	85	320	140	16	25	7	1.5	0	0	320	13	39	13	0	0	15	4	0	0	2	4	8	2	4	6
86000	TF Plain Cake Donuts	57	270	140	16	24	8	0	15	5	360	15	29	10	1	3	10	3	0	0	2	8	10	8	6	10
86010	TF Grand Plain Cake Donuts	71	340	180	20	31	10	0	20	6	450	19	36	12	1	4	13	4	0	0	2	10	15	8	8	10
86020	TF Imperial Plain Cake Donuts	85	410	210	24	37	12	0	20	7	550	23	43	14	1	5	16	5	0	0	4	10	20	10	10	15
86300	TF Sour Cream Flavored Old Fashioned Cake Donuts	57	280	140	16	25	8	0	25	8	310	13	31	10	1	3	12	3	0	0	0	10	15	10	10	8
86301	TF Chocolate Flavored Old Fashioned Cake Donuts	57	290	140	16	24	8	0	20	7	280	12	30	10	1	3	14	3	0	0	0	15	15	10	10	8
86302	TF Buttermilk Old Fashioned Cake Donuts	57	280	140	16	24	8	0	25	8	310	13	31	10	1	3	12	3	0	0	0	10	15	10	10	8
86310	TF Sour Cream Old Fashioned Grand Cake Donuts	71	350	180	20	31	10	0	30	10	390	16	38	13	1	4	16	4	0	0	0	15	20	10	10	10
86400	Chocolate Flavored Cake Donuts	57	280	140	16	24	8	0	15	4	330	14	29	10	1	3	13	3	0	0	2	10	10	6	8	8
86410	TF Chocolate Flavored Grand Cake Donuts	71	350	180	20	31	10	0	15	5	410	17	36	12	1	4	16	4	0	0	2	15	15	8	10	10
86500	TF Blueberry Flavored Cake Donuts	57	270	140	16	25	8	0	15	5	350	15	30	10	1	3	12	3	0	0	2	8	10	6	6	8
86510	TF Blueberry Flavored Grand Cake Donuts	71	340	180	20	31	10	0	20	6	440	18	37	12	1	4	15	4	0	0	2	10	15	8	8	10
86920	TF Imperial French Cruellers	45	130	90	10	15	4.5	1	35	11	140	6	9	3	0	0	0	2	0	0	2	2	0	2	0	0
89081	TF Original Cruellers	67	330	170	19	30	10	0	30	9	360	15	35	12	1	4	14	4	0	0	0	15	20	10	10	10

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 These products are manufactured in a facility which also handles: Wheat, Milk, Egg, Soy, Other Glutens, Sulfites, Dextrose, Cocoa, FD&C Yellow #5 and Corn